

Staying on Point and Achieving Your Goals

**HOUSE—**

**HOLISTIC UNLIMITED STUDENT EMPOWERMENT**

***Goal-Setting for Awareness and Power***

# ***Taking Action for Awareness and Power***

## **Holistic (*Academic and Personal*) Development**

- Outside reading, community service, student organizations, extracurricular activities
- Drawing connections between classes and your own background and experiences

## **Academic Empowerment**

- 1-to-1 meetings/ self-advocacy with teachers and counselors,
- Being engaged, raising questions in class
- Forming study groups and working collaboratively

## **Academic Success**

- Studying regularly, completing assignments
- Maintaining excellent attendance and positive behavior

# 4-SQUARE (HOLISTIC) GOALS WORKSHEET

**Short-term Learning/ Work Goals**

**Short-term Personal/ Social Goals**

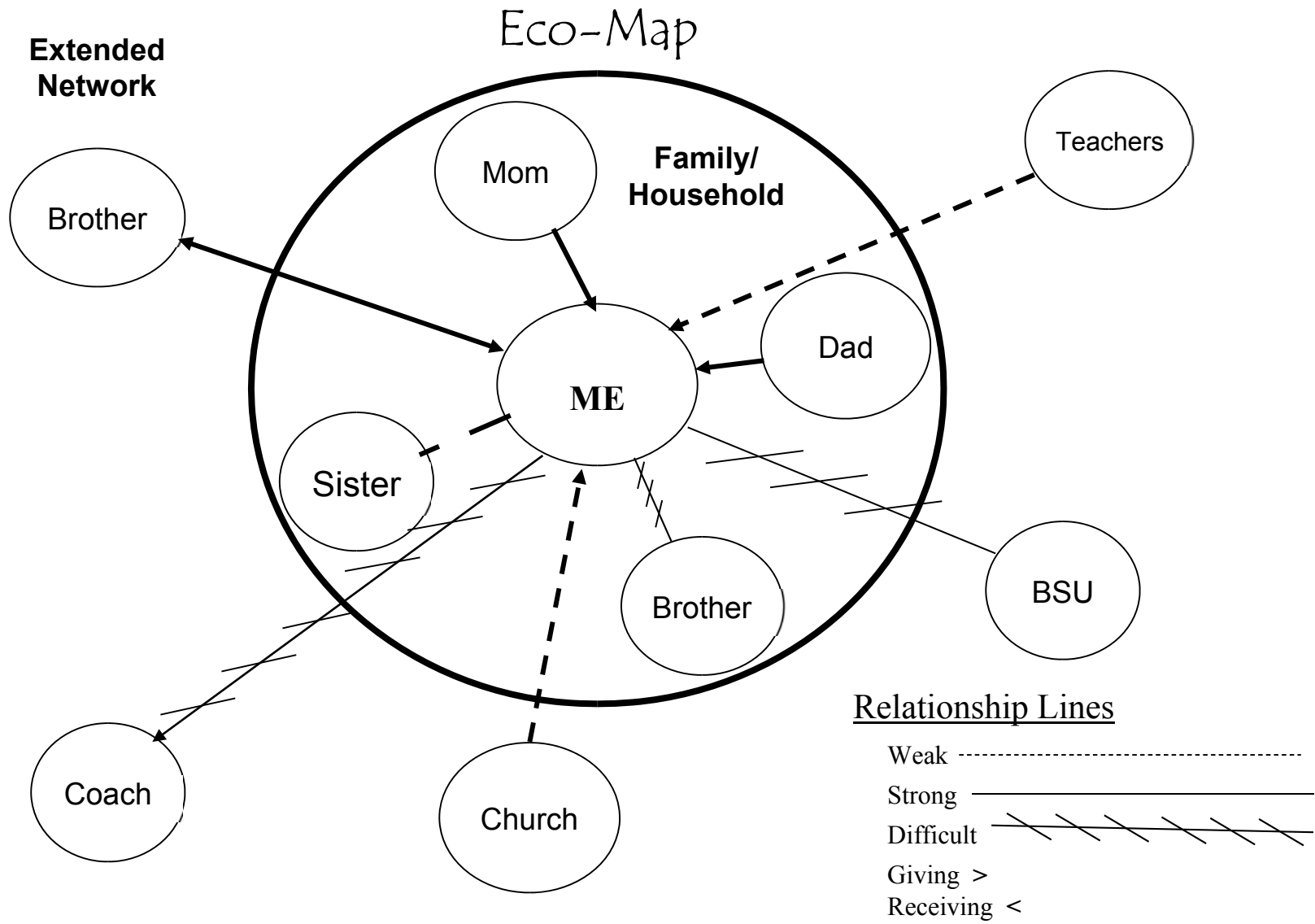
**Long-term Learning/ Work Goals**

**Long-term Personal/ Social Goals**



### TIME MANAGEMENT SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6am							
7am							
8am							
9am							
10am							
11am							
12pm							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm							
7pm							
8pm							
9pm							
10pm							



# ORGANIZE YOUR NETWORK

# ACTION AND REFLECTION

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## Self-Assessment

(or what's working, what's not working)

